

Rotary

Club of East Davao

28th REGULAR WEEKLY MEETING
January 21, 2019, Marco Polo Hotel Davao

PROGRAMME

Call to Order
PRES. PATRICK CAPILI

Turnover of Proceedings to the Master of Ceremonies
PP APOLLO ALQUIZA

Pambansang Awit and Invocation
RTN. ESTHER DE JESUS

Introduction of Visiting Rotarians and Guests
PP VIR SOJOR

Community Singing
RTN. RENE REAL

Secretary's Time
SEC. DARWIN SANTOS

President's Time
PRES. PATRICK CAPILI

Introduction of Guest Speaker
RTN. ROLAND LAVISOIRES

Speech
RET COL HENRY M BUMILTAC/
ANN J. BULMITAC

Open Forum

Response
PP RONALD GO

Giving of Certificate of Appreciation and Adjournment..... PRES. PATRICK CAPILI

INVOCATION

Lord of the Universe, this is a time in our year when many of us turn our attention to the spiritual side of our lives, when we consider what light we will follow . . .

Help us to understand that no matter what name it is given and in what language it is expressed, that philosophy called The Golden Rule is indeed the most true guidepost by which we should mark the trails of our existence here . . .

We pray that you continue to bless the work that we as Rotarians, from many nations and of many faiths, do to help those less fortunate, for we believe that one manifestation of this Golden Rule is in our Rotary motto, Service Above Self. AMEN

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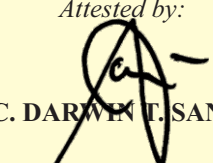
MAKE UP CARD

Name of Rotarian

Club & Position

Make-up Date / Time:

Attested by:


SEC. DARWIN T. SANTOS

BUSINESS, EDITORIAL OFFICE & ROTARY EAST DAVAO SECRETARIAT:
c/o Roadway Inn, Km 4 Bajada, Davao City
Cellphone # 0920-953-4196 (Shiela)
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<https://web.facebook.com/groups/@Rotaryclubofeastdavao/>



President's Corner

PRES. PATRICK S. CAPILI
Club President, RY 2019-2020



ROTARY AND TOASTMASTERS ALLIANCE

Rotary International and Toastmasters International are working together to provide our members with even more opportunities for personal and professional growth. Toastmasters International is nonprofit educational organisation that helps its members become more effective public speakers, communicator and leaders.



By working with Toastmasters, Rotary and Rotaract members will have more opportunities to improve their leadership and communication skills, broaden their networks and increase their impact.

Check out the Partners page on My Rotary for more information or contact toastmastersalliance@rotary.org. Read about why Toastmasters benefits Rotary clubs from one Rotary club's point of view in this Rotary Voices story.

EARTHQUAKE FUND DRIVE - ROTARY VILLAGE - BRGY. SAN MIGUEL, MAGSAYSAY:

PP HIKARU MIYAKE	P 10,000
PE ROSS LUGA	3,000
PDG BOY REYES	2,000
PRES. PATRICK CAPILI	2,000
PP APOLLO ALQUIZA	2,000
DIR. SOL HAYAG	2,000
DIR. MANNY NIERRA	2,000
MS. SOPHIA TOMOKO	2,000
RTN. MARILYN HILARIO	1,000
TOTAL	<u>P 26,000</u>

Pledges:

- RTN. ESTHER DE JESUS
- RTN. DAVE EVANS /ELSA
- PP FRED & LILY YELINEK
- DIR. SOL & FLOR HAYAG





Infopage

SEC. DARWIN T. SANTOS

Club Secretary, RY 2019-2020



ATTENDANCE REPORT

Our Attendance for January 14, 2019

Present	22 (fellowship meeting)
Make Up	10
Absent	18
Percentage	64



January Celebrants

- Jan. 03 PP Hikaru Miyake
Rtn. Ruben Bangayan
- Jan. 09 Spouse Sandra Pinpin
- Jan. 12 Spouse Nen Santos
PP Hideyuki Hasebe
- Jan. 14 Spouse Anne Reyes
- Jan. 28 Spouse Lilian Canes

Wedding Anniversaries

- Jan. 2 Rtn. Jet Villamor and Spouse Cris
- Jan. 12 PP Vir Sojor and Spouse Lodi

Upcoming EVENTS

Rosalyn Ong At Rotary
1 hr · 🧑

RI Exchange Rates JAN 2020
PHP 51.00
AUD 1.43 / NZD 1.49
Happy New Year to all!



DISCON 2020 EARLY BIRD Rate:

Rotarians : **4,500** (6,500 regular rate)

Spouse: 3,000

Please deposit your payment to:

Bank: BPI Account # 9121-0074-84

Account Name: RC Cebu West Rotarians, Inc.

M E E T I N G S A R O U N D T H E C I T Y	MONDAY	TUESDAY	WEDNESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Calinan Davao 6:30p.m. Calinan Hwy cor de Leon St.	East Davao 12:00Noon Marco Polo Hotel	Downtown Davao 12:00 noon Grand Menseng Hotel	Sta. Ana Davao 6:00 p.m. Grand Menseng Hotel	Davao 12:00Noon Royal Mandaya Hotel	North Davao 6:00 p.m. Clubhouse Torres St.
	Central Davao 6:30p.m. Grand Menseng Hotel	Matina 12:30p.m. Lispher Inn	South Davao 12:00noon Marco Polo Hotel	South Digos 7:00p.m. Avenue One Hotel Roxas Ext.	Tagum 11:30a.m. Papa Juhn's Pizza Rizal St.	West Davao 6:30p.m. Marco Polo Hotel
		Tagum North 7:00p.m. Miko's Brew Apokon	Central Panabo 6:00 p.m. Clubhouse, New Pandan	Digos 7:00p.m. A&B Hotel	Waling Waling Davao 12:30p.m. Grand Menseng Hotel	SATURDAY
			Davao 2000 6:00p.m., Happy Home Café, Torres St.	Tagum Golden Laces 6:00p.m., Miko's Brew Apokon		Toril 7:00 p.m. Clubhouse Mcleod St.,
			Pag-Asa Davao 6:30p.m., Lispher Inn			



ROTARY WORLD
PDG HONESTO A. CABARROGUIS

Past District Governor, RI District 3860, RY 1983-84

Vocational Service (part 1)

In the RI president's January Message, he wrote the line "Rotary's commitment to vocational service is built on the highest ethical standards in business and professions," So lets look closer into Vocational service,

VOCATIONAL SERVICE

Vocational service promotes high ethical standards in businesses and professions, recognizes the worthiness of all dignified occupations, and fosters the ideal of service in the pursuit of all vocations. Members conduct themselves and their businesses in accordance with Rotary's principles.

Rotary Code of Conduct

As a Rotarian, I will:

- 1) Exemplify the core value of integrity in all behaviors and activities
- 2) Use my vocational experience and talents to serve in Rotary
- 3) Conduct all of my personal, business, and professional affairs ethically, encouraging and fostering high ethical standards as an example to others
- 4) Be fair in all dealings with others and treat them with the respect due to them as fellow human beings
- 5) Promote recognition and respect for all occupations which are useful to society
- 6) Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community
- 7) Honor the trust that Rotary and fellow Rotarians provide and not do anything that will bring disfavor or reflect adversely on Rotary or fellow Rotarians
- 8) Not seek from a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship

SKILLS OR OCCUPATIONS

By including men and women from diverse professions and backgrounds, Rotary recognizes the importance of all skills

and occupations. A vibrant Rotary club reflects the businesses, organizations, and professions in its community, embracing diversity in experiences and perspectives. Your professional life and vocational service go together. Rotarians have a dual responsibility: to represent their occupations within their club and to exemplify the ideals of Rotary in their places of work.

ADVANCING HIGH ETHICAL STANDARDS IN THE WORKPLACE As leaders in their businesses and professions, Rotarians can advance high ethical standards by setting a positive example among colleagues and in their community. Here are a few specific ways Rotarians integrate ethics into their daily work life:

- ✍ Discuss and emphasize honesty, accountability, fairness, integrity, and respect when hiring, training, and supervising employees
- ✍ Praise and encourage the exemplary behavior of colleagues
- ✍ Demonstrate personal commitment to high ethical standards in relations with customers, vendors, and business associates, treating each business interaction with care and consideration
- ✍ Promote socially and environmentally responsible practices in your businesses and organizations diverse.

TRF Contribution received todate:

(RY 2019-2020)

Hiro Kawashima \$100

Hiro Naruse \$100

Fred Yelinek \$100

Ronnie Go \$100

Brian Toh \$100

Dir. Ranz Apolinario - \$100

PDG Totoy Cabarroguis - P50,000





POINT OF VIEW

DIR. RAPHAEL E. APOLINARIO VI
Editor in Chief, RED Chronicle



World's Richest Man

This story has been making the rounds. It doesn't really matter whether it's true, as in any case, its message is quite revealing, if not inspiring. Hopefully it enriches your life, too.

SOMEONE asked Bill Gates (the world's richest man then), "Is there anyone richer than you in the world today?"

Gates replied, "Yes, there's someone who's richer than me."

He then narrated his story.

"This took place when I wasn't rich or famous yet. I was at the New York Airport when I saw a newspaper vendor.

I'd wanted to buy a paper, but found I didn't have enough change. So, I dropped the idea of buying and returned it to the vendor.

I told him I didn't have any change and he said, "Take it. I'm giving you this for free."

And on his insistence, I took the paper.

Coincidentally, after 2~3 months, I landed at the same airport and again I was short of change for a paper. The vendor offered me the newspaper again.

I refused and said that I didn't have enough change, I wouldn't abuse his generosity and take it for free again.

He replied, 'Take it because I'm sharing this from my profits; I won't be at a loss.'

So I took the paper.

After 12 years, I became rich and well-known by people. Suddenly I remembered that vendor. I began a search for him and after about 1-½ months of searching, I found him.

I asked him, 'Do you know me?'

He said, 'Sure I do. You're Bill Gates.'

I asked him again, 'Do you remember one time, you gave me a paper for free?'

The vendor said, 'Yes, I remember. I gave it free to you ... TWICE!'

I told him, 'Listen, I want to repay your generosity then by giving you whatever you want since there's little that I can't afford to buy today.'

The vendor said, 'Don't you think that by doing so, you won't be able to match the help I gave you then?'

I asked, 'But how is that?'

He said, 'I helped you then when I was just a poor newspaper vendor. Today, you're trying to help me--when you've become the richest man in the world. How can your help ever match mine?'

That day, I realised that the newspaper vendor was richer than me because he didn't WAIT to become rich first, before he helped someone!"

The truly rich ones are those who possess a rich heart, rather than just simply lots of money.

That's what truly matters--to have a rich heart when helping others. Everything else follows.



SERVICE Above Self

Bits & Pieces

Never Ignore These 11 Heart Symptoms

Article taken from the Internet

If something went wrong with your heart, would you know it? Some heart symptoms don't even happen in your chest, and it's not always easy to tell what's going on. That's especially true if you are 60 or older, are [overweight](#), or have [diabetes](#), [high cholesterol](#), or [high blood pressure](#). Especially watch out for these problems:

1. Chest Discomfort

It's the most common sign of heart danger. If you have a blocked artery or are having a [heart attack](#), you may feel pain, tightness, or pressure in your chest. "Everyone has a different word for that feeling," Chambers says. "Some people say it's like an elephant is sitting on them. Other people say it's like a pinching or burning." The feeling usually lasts longer than a few minutes. It may happen when you're at rest or when you're doing something physical. If it's just a very brief pain -- or if it's a spot that hurts more when you touch or push on it -- it's probably not your heart, Chambers says. You should still get it checked out by a doctor. If the symptoms are more severe and don't go away after a few minutes, you should call 911. Also, keep in mind you can have heart problems -- even a heart attack -- without chest pain. That's particularly common among women.

2. Nausea, Indigestion, Heartburn, or Stomach Pain

Some people have these symptoms during a heart attack. They may even vomit, Chambers says. Women are more likely to report this type of symptom than men are. Of course, you can have an upset stomach for many reasons that have nothing to do with your heart. It could just be something you ate, after all. But you need to be aware that it can also happen during a heart attack. So if you feel this way and you're at risk for heart problems, let a doctor find out what's going on, especially if you also have any of the other symptoms on this list.

3. Pain that Spreads to the Arm

Another classic heart attack symptom is pain that radiates down the left side of the body. "It almost always starts from the chest and moves outward," Chambers says. "But I have had some patients who have mainly arm pain that turned out to be heart attacks."

4. You Feel Dizzy or Lightheaded

A lot of things can make you lose your balance or feel faint for a moment. Maybe you didn't have enough to eat or drink, or you stood up too fast. But if you suddenly feel unsteady and you also have chest discomfort or shortness of breath, call a doctor right away. "It could mean your [blood pressure](#) has dropped because your heart isn't able to pump the way it should," Bufalino says.

5. Throat or Jaw Pain

By itself, throat or jaw pain probably isn't heart related. More likely, it's caused by a muscular issue, a cold, or a sinus problem. But if you have pain or pressure in the center of your chest that spreads up into your throat or jaw, it could be a sign of a heart attack. Call 911 and seek medical attention to make sure everything is all right.

6. You Get Exhausted Easily

If you suddenly feel fatigued or winded after doing something you had no problem doing in the past -- like climbing the stairs or carrying groceries from the car -- make an appointment with your doctor right away. "These types of significant changes are more important to us than every little ache and pain you might be feeling," Bufalino says. Extreme exhaustion or unexplained weakness, sometimes for days at a time, can be a symptom of [heart disease](#), especially for women.

7. Snoring

It's normal to snore a little while you snooze. But unusually loud [snoring](#) that sounds like

a gasping or choking can be a sign of [sleep apnea](#). That's when you stop breathing for brief moments several times at night while you are still sleeping. This puts extra stress on your heart.

Your doctor can check whether you need a [sleep study](#) to see if you have this condition. If you do, you may need a CPAP machine to smooth out your breathing while you sleep.

8. Sweating

Breaking out in a cold sweat for no obvious reason could signal a heart attack. If this happens along with any of these other symptoms, call 911 to get to a hospital right away. Don't try to drive yourself.

9. A Cough That Won't Quit

In most cases, this isn't a sign of heart trouble. But if you have heart disease or know you're at risk, pay special attention to the possibility. If you have a long-lasting cough that produces a white or pink mucus, it could be a sign of [heart failure](#). This happens when the heart can't keep up with the body's demands, causing blood to leak back into the lungs. Ask your doctor to check on what's causing your cough.

10. Your Legs, Feet, and Ankles Are Swollen

This could be a sign that your heart doesn't pump blood as effectively as it should. When the heart can't pump fast enough, blood backs up in the veins and causes [bloating](#). Heart failure can also make it harder for the kidneys to remove extra water and sodium from the body, which can lead to bloating.

11. Irregular Heart Beat

It's normal for your heart to race when you are nervous or excited or to skip or add a beat once in a while. But if you feel like your heart is beating out of time for more than just a few seconds, or if it happens often, tell your doctor. "In most cases, it's caused by something that's easy to fix, like too much caffeine or not [enough sleep](#)," Bufalino says. But occasionally, it could signal a condition called [atrial fibrillation](#) that needs treatment. .



SPEAKER'S PROFILE

RET COL HENRY M BUMILTAC/
ANN J. BUMILTAC

ANN J. BUMILTAC

Guest of Honor and Speakers

"Bridging the Gap between 'Today's Poor State of Health'



Personal Data:

Name: HENRY M. BUMILTAC
(Retired Colonel of the AFP)
Married to: ANN J. BUMILTAC, Registered Nurse
Address: Rio, The Capital Towers
E. Rodriguez Sr. Avenue, Kalusugan
New Manila, Quezon City 1112
Contact #: 09190053085/09278308265
Email: henry_ann85@yahoo.com
Date of Birth: August 30, 1959
Place of Birth: Sanchez Mira, Cagayan

Education:

Philippine Military Academy
Bachelor of Science, 22, March 1985

Thoburn Memorial Academy, Sanchez Mira, Cagayan
High School, March 1976

Northwestern College, Laoag City, Ilocos Norte
BS in Civil Engineering, Feb. 1980

Military Service:

Philippine Army / AFP
- Sept. 1, 1985 - Oct. 1991 Mindanao Based,
361B / 41D , Platoon Leader to Operations Officer
- Oct. 1991 - Oct. 1992 NCR
Intelligence & Security Group
- Oct. 1992 - May 2006, Luzon / Visayas / Mindanao
Fs368, 31SU, ISG, 51D, 501st Brigade, Office of Chief of
Staff / Int'l. Force East Timor / Military Intelligence
Group
Group Commander / Operations Officer / Division Chief
- 51D, Luzon, 2006-2007
Asst. Chief of Staff for Personnel/Operations

- 81D, Visayas, 2007-2009
Asst. Chief of Staff Operations / Battalion Commander
- AFP Command & General Staff College, NCR
Faculty Member, 2009
- Director Special Details, Plans & Policy Division,
Antiterrorism Council Coordinating Center,
National Intelligence Coordinating Agency,
April 2009 - Oct. 2012
- Deputy Inspector, HHS, NCR, Oct. 2012 - 2013
Inspector General, GHQ & HSC, AFP, NCR
April 2013 to Aug. 2015

Special Duties Held:

Philippine Representative to the Asia Pacific Economic
Cooperation (APEC) Counter terrorism Task Force in Japan

Philippine Representative to the ASEAN Regional Forum
Counter terrorism Task Force in Brunei

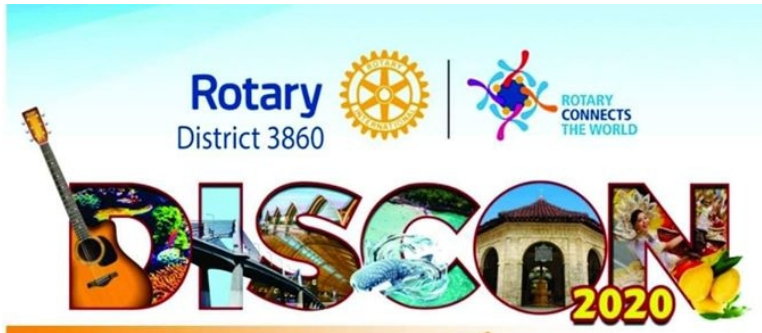
Philippine Representative to the Asia Pacific Economic
Cooperation (APEC) Counter terrorism Task Force in
Singapore

Member of Joint AFP-PNP Intelligence Committee (JAPIC)
Member of Joint Regional Intelligence Committee (JRIC)
Intelligence Task Group (ITG) Commander
Member of Regional Intelligence Committee (RIC) in
Regions 2, 4, 6, 8, & 11
Member of AFP Technical Working Group
Member of AFP Medal of Valor Board
Member of AFP Awards & Decorations Board



Activities for the week:
Rotarians having fun at Camiguin Island, PDG Boy and Lady Alice attending the RC Waling Waling Charter Day and regular meeting at Roadway...





Fellowship GOLF Tournament
CEBU COUNTRY CLUB

Categories : A, B, C
Format : System 36
Tees : All Classes in White Tees
Party : Dinner 5:00 pm at CCC

P 4,000 per Player
Inclusive: Shared Cart, Green Fees
Giveaways, Dinner, Raffles



Rotary District 3860  ROTARY CONNECTS THE WORLD 

Halalad
Thanksgiving Dinner
March 6, 2020 | 6:00 pm
Cebu Grand Convention Center
Attire: Formal Chinese-inspired

GOLD Sponsors:



Minor Sponsors:



March 5, 2020 | 6:00 PM
Cebu Grand Convention

NOTICE : WE ARE ALL STILL OPEN FOR SPONSORS!

Registration for Players / Sponsors:
Call : Miss Star Espino
Mobile : +639568631602, 09182617011 /
Email : ptms_operation1_gm@nagagroupph.com; pacarodien@gmail.com
Send INFO : Name, Club, Handicap / Deadline : February 25, 2020

Hosted By: **Rotary** Cebu Port Centre 

SAVE THE DATE!

Rotary District 3860  ROTARY CONNECTS THE WORLD 



Cebu Grand Convention Center
Cebu City | March 5-7, 2020

Golf & Bowling Tournaments
March 4, 2020

ROSTER OF MEMBERS



Ajero, Antonio M.
Journalism
Spouse:



Alquiza, Apollo R.
Unibanking Services
Spouse: Mila



Angeles, Pedrito C.
Bank Receivership
Spouse: Adelfa



Apolinario, Raphael E.
Non-Life Insurance
Spouse: Raquel



Bangayan, Ruben A.
Appliance Distribution
Spouse: Cathy



Banzali, Anthony P.
Civil Law
Spouse: Jam



Bernas, Constancio
Lending Services
Spouse: Anggie



Cabarroguis, Honesto A.
Civil Law
Spouse: Clara



Cabrera, Dominador O.
AE-Medicine Gynecology
Spouse: Rose



Canes, Cheldone I.
General Merchandise Dist.
Spouse: Lilian



Capili, Patrick S.
Real Estate Development



Carrillo, Dominador P.
Litigation Law
Spouse: Vivian



Cantil, Ariel L.
Engineering
Spouse: April



Deyto, Jude D.
Real Estate Leasing
Spouse: Mimi



Digal, Paul Peter R.
Architecture



Dionisio, Valentino L.
Truck Dealership
Spouse: Cris



Evans, David Samuel
Chartered Quantity Surveyor
Spouse: Elsa



Escudero, Oscar M. Jr.
Medical - Urology
Spouse: Sharon



Fortich, Jesse A.
Equipment Leasing
Spouse: Naty



Go, Ronald C.
Car Rentals



Gaerlan, Manuel R.
Military : Police Admin



Hayag, Sol T.
Construction
Spouse: Flor



Kawashima, Hiroyuki
Medical Equipment Dist.
Spouse: Gina



Lavisores, Roland
Non-Life Insurance
Spouse: Neneng



Lim, Winston C.
Materials Handling Services
Spouse: Donna



Luga, Rossano C.
Light and Power Dist.
Spouse: Jojo



Luy Tan, William
Agency: Non-Life Insurance
Spouse: Esther



Mabagos, Michael A.
Construction



Miyake, Ichido
Computer IT Consultancy
Spouse: Princess



Miyake, Hikaru S.
Vegetable Export



Nierra, Manuel R.
Equipment Part and Services
Spouse: Metah



Ng, Dexter L.
Gov't. Svc. Taxation
Spouse: Marnie



Orteza, Alvin B.
Meat Processing
Spouse: Enday



Paras, Vito Oscar P.
Mat'l. Handling Equipment
Spouse: Rita



Pinpin, Alvin M.
Accounting Services
Spouse: Sandra



Reta, Karl Michael G.
Estate Administration
Spouse: Pinky

ROSTER OF MEMBERS



Dizon, Philip S.
Farming, Estate Devt.
& Energy Generation



Real, Francis Rene L.
Universal Banking
Spouse: Ndang



Reyes, Reynaldo I.
Rural Banking
Spouse: Alice



Reyes, Rodel Riezl S.j.
Heavy Equipment Leasing
Spouse: Anne



Sabino, Jaime S.
Life & Non-Life Insurance
Spouse: Carmen



Santos, Francisco C.
Architect Planning
Spouse: Nen



Santos, Darwin T.
Engineering Construction



Sancho, Edgardo R.
Real Estate Leasing
Spouse: Flor



Sojor, Virgilio S.
Banana Growing
Spouse: Lodi



Sumikawa, Takeyoshi
Marine Eng'g. Consultancy
Spouse: Yukiko



Sy, Kenneth L.
Office Equipment Dist.
Spouse: Yan Yan



Sy, Clarence Mitchel H.
Rural Banking



Pelayo, Frederick A.
Beverage Distribution
Spouse: Imelda



Taganas, Richard B.
Dentistry



Tan, Prudencio C., Jr.
Structural Engineering
Spouse: Bodeth



Toh, Brian U.
Industrial Gases Dist.
Spouse: Mimi



Villamor, Jesito V.
Life Insurance Mgt.
Spouse: Cris



Villano, Herminio A.
Hospital Administration
Spouse: Auring



Yelinek, Fred
Housing Construction
Spouse: Lily



Yuste, Paul John C.
Tire and Batteries Dist.
Spouse: Dolly



Zantua, Leo Edwin C.
Non-Life Insurance
Spouse: Nadeth

HONORARY MEMBERS



Rtn. Estrellita E. De Jesus



PP Arthur Malatag



Rtn. Marilyn A. Hilario



PP Atsushi Sasaki
RC Wakayanagi, Japan



PP Kohachi Oikawa
RC Ishinomaki South, Japan



PP Koukichi Onodera
RC Wakayanagi, Japan



PP Hideyuki Hasebe
RC Ishinomaki South, Japan



Hon. Yoshiaki Miawa
Consul General of Japanese
Consulate Office in Davao City

The Rotary Foundation



MAJOR DONORS LEVEL 1

PDG Reynaldo I. Reyes & Spouse Alice
 PDG Raoul E. Hilario & Spouse Marilyn
 PDG Herminio A. Villano & Spouse Aurora
 PP Hikaru S. Miyake & Spouse Juliet
 PP Rodel Riezl S. Reyes & Spouse Anne Marie
 Rtn. David Samuel Evans
 PP Paul John C. Yuste & Spouse Dolly Grace
 PP Eufrazio A. De Jesus & Rtn. Estrellita

PAUL HARRIS FELLOW - NON ACTIVE

Hon. Pres. Rodrigo R. Duterte
 Hon. Member Arthur O. Malatag
 Hon. Member PP Atsushi Sasaki
 Hon. Member Kohachi Oikawa
 Rtn. Alfredo V. Abundo
 PP Roque I. Gahol
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 Rtn. Ramon Alvarez
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 Rtn. Neil W. Mckay
 Rtn. Nestor C. Ledesma
 Rtn. Sofronio M. Jucutan
 Rtn. Joselito V. Cabrera
 Rtn. Leo Tereso A. Magno
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 Rtn. Ian D'Arcy Walsh
 Rtn. Vicente Toh
 Rtn. Elindo D. Lo
 Rtn. Paul Edward R. Butler
 Rtn. Benigno T. Supnet
 Rtn. Wilfred D. Ngo
 Mr. Josue S. Tesado, Sr.
 Mr. Apolinar Q. Ruelo
 Mr. Rodolfo B. Junsay
 Mr. Edgar V. Saulon
 Mr. Conrado Ocampina
 Mr. Pio Castillo
 Mr. Anthony George Stanbridge
 Mr. Andrew Peter Toy

MULTIPLE PAUL HARRIS FELLOWS - ACTIVE MEMBERS

PP Jesse A. Fortich, MPH +2
 Rtn. Ruben A. Bangayan, MPH +2
 PP Valentino L. Dionisio MPH +2
 PP Alvin B. Orteza MPH +2
 PP Virgilio S. Sojor, MPH +2
 PDG Honesto A. Cabarroguis MPH +2
 PP Apollo R. Alquiza MPH +1
 PP Dominador O. Cabrera, MPH +1
 PP Ronald C. Go, MPH +1
 Rtn. Sol T. Hayag MPH +1
 Rtn. William H. Luy Tan MPH +1
 Dir. Manuel R. Nierra MPH +1

PAUL HARRIS FELLOWS - ACTIVE MEMBERS

PP Fred Yelinek
 PP Oscar M. Escudero, Jr.
 PP Edgardo R. Sancho
 PP Anthony P. Banzali
 PP Antonio M. Ajero
 PP Pedrito G. Angeles
 PP Vito Oscar P. Paras
 PP Leo Edwin C. Zantua
 PP Rossano C. Luga
 PP Prudencio C. Tan, Jr.
 Dir. Raphael B. E. Apolinario VI
 Dir. Hiroyuki Kawashima
 Rtn. Manuel Gaerlan
 Dir. Brian Toh
 Sec. Darwin Santos
 PN Cheldone I. Canes
 Rtn. Alvin M. Pinpin
 Rtn. Dominador Carrillo
 Rtn. Roland C. Lavisores
 Rtn. Takeyoshi Sumikawa
 Rtn. Francisco C. Santos, Jr.
 VP Jaime S. Sabino
 Rtn. Constanancio C. Bernas
 Rtn. Jesito V. Villamor
 Rtn. Jude D. Deyto
 Dir. Winston C. Lim
 Pres. Patrick S. Capili
 Rtn. Kenneth T. Sy

MULTIPLE PAUL HARRIS FELLOW - NON ACTIVE

PDG Ramon A. Tirol - MPH +6
 Hon. Member Veronica D. Tirol MPH +2
 Rtn. Antonio Teh - MPH + 5
 PP Amador C. Macatangay MPH + 2
 Rtn. Cresencio E. Arrieta MPH +1
 PP Leonardo Chee MPH + 1
 Rtn. Reynaldo T. Fuentes MPH + 1
 Rtn. Harold Thomas Kelleher MPH +1
 PP Feliciano T. Salvador MPH + 1
 PP Hector M. Maniquis MPH +1
 Rtn. Efren D. Marquez MPH +1
 Rtn. Danilo G. Bernardo MPH +1
 PP Benjamin S. Geli MPH +1
 Rtn. Eduardo P. Tan, Jr. MPH +1

PAUL HARRIS FELLOW - FAMILY OF ROTARY

Maria Christina Reyes- Caguioa
 Charles Reginald D. Reyes
 Raymond D. Reyes
 Raphael D. Reyes
 Herminio C. Villano, Jr.
 Consorcia SJ. Reyes
 Roberto Elias L. Reyes
 Spouse Elsa C. Echevarria
 Kelly Grace G. Yuste
 Pauline Grace G. Yuste
 Arsenio Emmanuel E. De Jesus
 Dominic Eligan E. De Jesus
 Jo Ann Carol de Jesus-Africa
 Johannah De Jesus
 Spouse Catherine Y. Bangayan
 Spouse Maria Cristina B. Dionisio
 Ma. Crizabel B. Dionisio
 Rino Ezekiel B. Dionisio
 Spouse Natividad R. Fortich
 Natasha R. Fortich
 Roberto Julian R. Fortich
 Spouse Clara Cabarroguis
 Spouse Mila T. Alquiza
 Spouse Rosa Cabrera
 Spouse Alodia L. Sojor
 Spouse Concepcion G. Arrieta
 Spouse Flor B. Hayag
 Spouse Esther Luy Tan
 Spouse Bernadette A. Zantua
 Spouse Angelina Bernas
 Spouse Carmencita Nierra
 Spouse Concepcion Orteza

